



## Your Volunteering Counts! Become an Advocacy Support Volunteer

Help people to express their views and have their voices heard!

### About the project:

We are seeking dedicated individuals to join our advocacy services. As a volunteer advocate, you will help people to feel less isolated, have their voices heard and access community services. You will support our advocates to engage with people from different backgrounds, such as mental health, disability, older people and carers.

### Volunteers who are happy to:

- ✓ Talk & listen to people to find out what they need.
- ✓ advocate & empower people –help to communicate their wishes & rights.
- ✓ welfare calls to check on people's wellbeing.
- ✓ record keeping – write down all contact made with clients.

### What we will offer you:

- ✓ friendly & supportive experience.
- ✓ flexible volunteering.
- ✓ be part of a team.
- ✓ mentoring, training & certificates.
- ✓ references after 3 months.

### Our ideal volunteers:

- ✓ friendly & positive outlook.
- ✓ good communication & listening skills.
- ✓ kind, helpful & caring.
- ✓ passionate about making a difference to the lives of others.

Experience desirable but not essential as training will be given.

DBS check & 2 references are required to volunteer for this role.

**When:** weekly, fortnightly or monthly

**Where:** Newcastle and/or Gateshead.



Advocacy volunteer said the best thing about volunteering is "being able to talk with clients and listen to their choices and any issues they may have at the care home. It gives me a feeling of being worthwhile and giving back to those not able to talk for themselves."

For more information, please contact us on **0191 478 6472** or **volunteers@yvc.org.uk**.  
Please visit our website: **www.yvc.org.uk** to make an enquiry.